

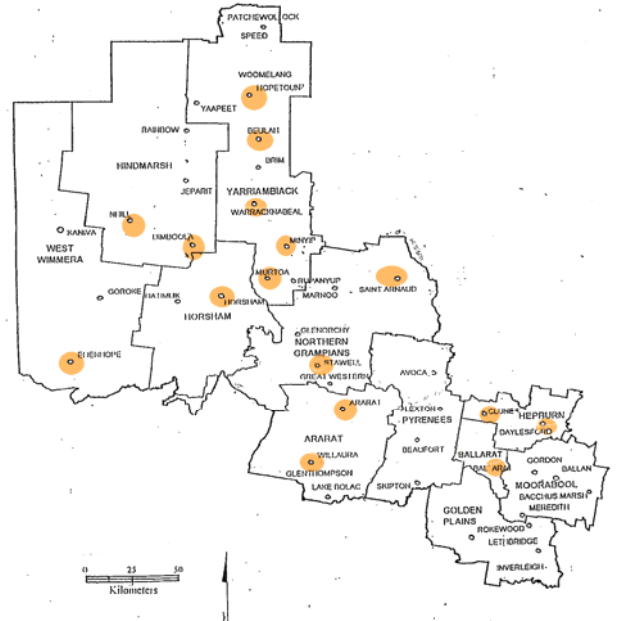
Welcome to the March edition of the Women's Health Grampians (WHG) Newsletter. In this edition we recognise local government's commitment to preventing violence against women and celebrate International Women's Day. We welcome your feedback, contribution and collaboration to both this publication and our developing partnerships.

Recognising local governments commitment to preventing violence against women

During the past twelve months WHG has been contributing to the development of local government Municipal Public Health and Wellbeing Plans (MPH&WP) throughout the Grampians region. Our work with local government aims to ensure gender and priority issues for women are considered in health planning at a population level.

This month WHG recognise local government authorities (LGA's) across the Grampians region that identified prevention of violence against women as a priority in their newly developed MPH&WP and/or Council Plans for 2013-2017.

WHG would like to highlight the work of Ararat Rural City Council, Ballarat City Council, Golden Plains Shire Council, Hepburn Shire Council, Horsham Rural City Council, Moorabool Shire Council, Northern Grampians Shire Council and Yarriambiack Shire Council for identifying and committing to action that aims to prevent violence against women.



Examples of the work local governments across the region will be undertaking ranges from White Ribbon Day events through to gender equity training. WHG are excited to be developing ongoing partnerships with local governments in our region and we look forward to supporting the implementation of prevention of violence against women initiatives.

To find out more about this work please contact Simone at WHG on Ph. 5322 4100.

DV—Alert Domestic Violence Response Training



- recognise the signs of domestic and family violence
- respond with appropriate care
- refer people experiencing or at risk of domestic and family violence to appropriate support services

Women's Health Grampians are hosting a Lifeline introductory training session to workplaces on Family Violence Awareness. This session will provide information about understanding family violence and what you can do if someone in your workplace is experiencing domestic family violence – including local referral sources. Training is free and morning tea available on arrival.

When: Tuesday 29th April 2014 10am to 12pm
Where: At the Peart Wing in Lydiard St Nth
For more info: Contact Michelle Hunt, Act@Work Project Manager on Ph. 5322 4100
RSVP: 22nd April 2014 on Ph. 5322 4100 or E. adminb@whg.org.au
 (RSVP is essential as places are limited)

Celebrating International Women's Day 8 March, 2014

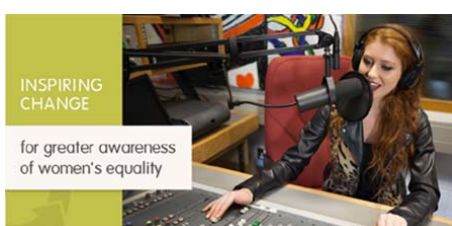
Each year around the world International Women's Day is celebrated to mark the economic, political and social achievements of women and to attention on areas requiring further action.

The theme this year is **'Inspiring Change.'** Over time and distance, the equal rights of women have progressed. We celebrate our achievements while remaining vigilant and tenacious for further sustainable change. There is global momentum for championing women's equality.

The unfortunate fact is that women are still not paid equally to that of their male counterparts, women still are not present in equal numbers in business or politics, and globally women's education, health and the violence against them is worse than that of men.

Great improvements have been made as we have female prime ministers, girls are welcomed into university, women can work and have a family and women have real choices. Though with the tone and nature of International Women's Day being about the celebration of the positive change we still need to recognised areas for further action.

For more information and resources please visit <http://www.internationalwomensday.com/>



"The story of women's struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights" Gloria Steinem



International Women's Day

Gambler's Help

Free, confidential help is available for anyone affected by gambling in the Grampian's regions:

CAFS Financial Counselling: 5337 3333—Ararat, Ballarat, Daylesford and Bacchus Marsh
Relationships Australia Victoria therapeutic counselling: 5337 9222—Ballarat, Daylesford and Bacchus Marsh

Wimmera UnitingCare Financial Counselling: 5362 4000— Stawell, Horsham, Nhill, Donald, Warracknabeal, Kaniva, Edenhope and Hopetoun.

Grampians Community Health Therapeutic counselling: 5358 7400—Ararat, Horsham and Stawell.

Gambler's Help Youthline: 1800 262 376

Gamblers Helpline: 1800 858 858

Need immediate help?

gambler'shelp
1800 858 858

free, confidential, 24 hours

When Books Become Movies—Film Club

During 2014 the Wimmera Regional Library Corporation in partnership with the Wimmera Primary Care Partnership bring you 10 films in 10 months that started as books. The films will be held on the first Saturday of the month at various locations across the Wimmera including Edenhope, Warracknabeal and Kaniva Libraries. For more information or to register interest please contact your local library: Edenhope on 5585 9916; Warracknabeal on 5398 1270, or Kaniva on 5392 2723 or you can email WRLC.library@wrlc.org.au



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Please contact us if your details change or you no longer wish to receive information from Women's Health Grampians. If you would prefer to get information via email please let us know your email address. Ph: 1800 013 432 or email: adminb@whg.org.au

www.whg.org.au