

Further resources

SUPPORTING WOMEN'S SEXUAL & REPRODUCTIVE HEALTH IN THE PANDEMIC & BEYOND - 25th June 2020

1800 My Options | Call 1800 696 784 | <u>https://www.1800myoptions.org.au/</u>

This confidential, free phone line and information service provides Victoria women with timely, non-judgemental information about contraception, pregnancy options and sexual health. 1800 My Options holds the most comprehensive map of SRH services available in the state. For more information about how to register your clinical service with the 1800 My Options team, go to their website or email <u>info@1800myoptions.org.au</u>

Professional networks focussed on COVID-19 & Sexual Healthcare

CERSH: Centre of Research Excellence in Rural Sexual Health

CERSH lead a Victorian working party responding to disruption due to COVID-19 within the public abortion and contraception healthcare system. Find out more about the working party, training/network opportunities, and resources for those working in SRH care <u>https://www.cersh.com.au/resource-hub/news-andupdates/</u>

SPHERE CRE: Centre of Research Excellence in Sexual and Reproductive Health for Women in Primary Care SPHERE lead a national coalition advocating for high quality SRH services for women during the COVID-19 pandemic and beyond. The coalition has released consensus statements with detailed recommendations for long acting reversible contraception and early medical abortion. <u>https://www.spherecre.org/coalition</u>

Reports, Fact Sheets, Campaigns

Gen Vic: Gender Disaster & Resilience: Towards a Gender Equal Recovery Fact Sheets

The **Sexual and Reproductive Health in the Context of COVID-19** fact sheet gives an overview of the barriers and consequences of not receiving timely SRH care. Financial loss, intimate partner violence, travel restrictions and social distancing measures have all impacted SRH. <u>whg.org.au/publications/FactsheetSRHinCOVID19</u>

Marie Stopes Australia Situational Report | <u>https://www.mariestopes.org.au/covid-19-for-hcps/</u> In collaboration with healthcare providers Marie Stopes have published a Situational Report documenting what public, private and community stakeholders are witnessing in contraceptive and abortion access in Australia during the COVID-19 response.

1800 My Options / CERSH 'Be Proud of Your Choices' Campaign targeted at young people living in rural/regional Victoria in July. Posters and social media posts will deliver a positive message to young people about taking the time to talk about their contraception and sexual health care needs, before 'getting social again'. Follow @1800MyOptions on Facebook, or talk to Women's Health Grampians about posters for your location.