

Women's Health Grampians

Now's the time to Act@Work

Women's Health Grampians (WHG) has been successful in receiving funding from the Department of Justice under the Reducing Violence against Women and their Children grants program this is part of the Victorian Government's Community Crime Prevention Program – local solutions for local crime prevention issues.

This funding is being directed to the establishment of the Act@Work: Preventing violence against women and children project. Act@Work will be delivered in the Central Highlands region in partnership with CAFS, WRISC and the City of Ballarat.

Act@Work will work closely with four targeted workplaces to build each workplaces capacity, policies, procedures and skills to equip "bystanders" to play a more significant role in preventing violence against women and children. Act@Work will reinforce healthy, respectful behaviours and will centre on what people in the workplace can do to make a difference, contributing to a safer and more respectful community.

We are pleased to announce the first two workplaces participating in the Act@Work project are Ballarat Community Health and The Courier.

The project is based in the workplace as work is an important part of our lives and the benefit of a healthy and respectful workplace extends far beyond individual workplaces as they can influence our families and the broader community.

The Act@Work project will be officially launched in September and we are looking for two regional businesses to begin working with in 2014. We are looking for businesses that are male dominated, have approximately 30-100 employees and a desire to tackle this issue within the workplace.

For more information on Act@Work please contact Michelle or Cassie at WHG.

Where sexism, discrimination and violence go unchallenged they are effectively condoned. Yet, silent bystanders are an untapped resource and have a greater role to play in the prevention of violence against women.

Women's Health Week Celebration

At the start of September we celebrate **Women's Health Week** and **Leadership Ballarat and Western Region** in conjunction with **WHG** have organised a "good health" High Tea Lunch with comedian Nelly Thomas. Details:



**Wednesday 4 September 12.30 - 2pm,
\$25 pp - High Tea lunch included**

Ballarat Lodge 613 Main Rd, Ballarat

RSVP Friday 30 August to Alana on 5332 12 47 or admin@lbwr.com.au



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EVENTS IN THE REGION

Identifying Family Violence Session

These sessions introduce participants to the understanding of the forms of violence used, assist in identifying clients at High Risk, offers an understanding of Safety Planning and outlines pathways for referral to FV specific Services within the Grampians Region. For enquiries or to register your interest regarding the above please contact:

Jeannine Le Vaillant
JeannineLeVaillant@cafs.org.au
Ph: 5337 3366 or 0418 101 449
or
Ross Anders
Ross.a@cafs.org.au
Ph: 5362 1200 or 5358 7400

Or visit: www.trybooking.com

We'll be TWEETING you

Follow us on Twitter, look for our handle: @WmnsHlthGramps Retweet, comment and share, it all helps to get the message out, advocate and influence, and engage in discussion.

National Foundation to prevent violence against women

The establishment of a new foundation to prevent violence against women was announced on 26 July 2013 by the Federal Minister for the Status of Women Julie Collins and the Victorian Minister for Community Services Mary Wooldridge.

The inaugural chair of the foundation is Natasha Stott Despoja AM and the foundation will start in 2014 with \$3 million funding under the *National Plan to Reduce Violence Against Women and their Children*. The foundation will promote best practice prevention strategies based on research; undertake prevention and early intervention projects through communities, schools and media; deliver information sessions, forums and conferences; and run targeted social marketing and online campaigns.

We commend the Commonwealth and Victorian Governments on this important initiative and look forward to providing you with updates on this national foundation to prevent violence against women and their children.



"I'm very honoured to have been asked to share this inaugural Foundation to Prevent Violence against Women and their Children. It is a truly national, cross party, cross jurisdictional body that will actually ensure that attitudes and behaviour are tackled in relation to this vexed issue. . The statistics are chilling and they're unacceptable. So what the Foundation has been tasked with doing is addressing the attitudes." Natasha Stott Despoja AM

Have Your Say on Communications:

Our review of communication is now well underway and we are seeking some input from you to make sure we are headed in the right direction.

It would also help us if you could answer a couple of questions:

How do you currently receive information from WHG: email, printed newsletter, website, face-to-face, phone?

How would you like to engage with WHG: Email, face-to-face, Social media (Twitter, Facebook), email, blog or other methods?

Send your response and suggestions for improving communication to and from WHG to Jo Curkpatrick at Fingerpost Communication & Marketing via email at jo@fingerpost.com.au or call Jo on 0419 882 608.

Newsletter changes

In our last edition we asked you to comment on our newsletter. It must be good because we haven't had too much feedback.

We want to make it even better and as a new website is in the making it is time to go electronic and integrate all our communications. We are aiming to send our newsletter by email to as many subscribers as possible, saving on printing and postage. If you wish to continue to receive our newsletter by post let us know (adminb@whg.org.au or 5322 4100), otherwise where we have your email address you'll receive it electronically.

Save The Date

WHG will be holding our Annual General Meeting on Wednesday 6th of November More details to follow in the September edition of the newsletter.

Please contact us if your details change or you no longer wish to receive information from Women's Health Grampians. If you would prefer to get information via email please let us know your email address. Ph: 1800 013 432 or email adminb@whg.org.au