

Welcome to the October edition of the Women's Health Grampians (WHG) Newsletter. We welcome your feedback, contribution and collaboration to both this publication and our developing partnerships.

Yarriambiack Shire Council leading the way

Women's Health Grampians congratulate Yarriambiack Shire Council for their action on preventing violence against women.

Yarriambiack Shire Council has developed a leadership statement highlighting their commitment to preventing violence against women. Their vision for the Yarriambiack Shire is safe, respectful and equitable communities where women and children live free from violence and abuse.

WHG look forward to continuing our partnership with Yarriambiack Shire Council to progress prevention of violence against women work across the municipality. To read more about Yarriambiack Shire Councils commitment visit <http://www.mailtimes.com.au/story/2534606/yarriambiack-council-takes-stand-to-prevent-violence-against-women/>

WHG staff changes and updates

This month we are pleased to **welcome two new staff members** to the WHG team.



Paigen Horwood has commenced in the role of Health Promotion for sexual and reproductive health on 24 September. Paigen brings a wealth of experience working in the region as a nurse, school nurse and health promotion worker. We are delighted to have Paigen working three days: Wednesday, Thursday and Friday each week.

Knowing the sexual health work will be in great hands, Shannon Hill will commence 12 months maternity leave on 3 October. She would like to thank all the wonderful partners for their support over the past two and a half years and is looking forward to hearing news of how the work is progressing while she is away!

Kath Deakin has also joined WHG and will be working in the role of Health Promotion for the prevention of violence against women. Kath has over 14 years of community and corporate experience. Kath's most recent work has been as a consultant on cross sector partnership and as a National Manager Stakeholder Relations at the National Australia Bank. Kath will be working Tuesday, Wednesday and Friday each week and is excited to meet people in the region.



We have also farewelled three staff members.

Annie Douglass has relocated to Melbourne. Annie is still working in the Women's Health Sector, securing a full time position at Women's Health in the North. We wish Annie all the best in her new role.

Shannon Hill has begun maternity leave. We wish Shannon and her partner Mark all the best for the new addition into their lives.

Jaclyn Reriti has resigned from her role as Program Manager. We acknowledge and thank her for her contribution to Women's Health Grampians, both as a board member and Program Manager. We wish her well in to the future.

Position vacant — Program Manager, Full time Ballarat based

WHG is currently seeking highly experienced and motivated women to lead health promotion activity across the Grampians region. This role is an opportunity to make a valid contribution to improving the health and wellbeing of Grampians women. Visit our website for more information <http://www.whg.org.au>

Mentors in Violence Prevention Train the Trainer



On 27, 28 & 29 August, Women's Health Grampians hosted Mentors in Violence Prevention (MVP) Train the Trainer training in Ballarat. With attendees from as far as Yarriambiack Shire Council and as close as Ballarat Community Health, it was a great group of people who came together to learn about how to deliver bystander intervention training in the community.

Mentors in Violence Prevention is a model that was developed in the United States and focuses on people not as victims or perpetrators of violence but as active bystanders to incidents of violence, sexism and discrimination. The interactive training explores ways

bystanders can be active and seek to influence or change a situation whilst ensuring their physical and emotional well being.

Other WHG Newsletters

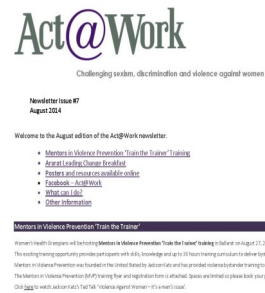
Did you know WHG have an Act@Work and a Sexual and Reproductive Health newsletters?

Click on the links below to see what is happening in these program areas.

Click [here](#) or go to <http://whg.org.au/resources/newsletters-2> if you would like to receive these newsletters.



[Act@Work — Issue 7 August 2014](#)



[Partnerships improving rural women's sexual health](#)
[— Issue 5 September 2014](#)

Women's Health Grampians 2014 Annual General Meeting

"Collective Impact: working together to improve women's health and wellbeing"

The role of local government, media, business and WHG in improving regional women's health and wellbeing

Thursday 6th November 2014

11.00am for a 11.30am start to 1.30pm

Conference Centre at Grains Innovation Park

110 Natimuk Road, Horsham.

lunch provided

Guest presenters:

Peter Brown, CEO Horsham Rural City

Ray Campling, CEO Yarriambiack Shire

Carly Werner, Chief of Staff Wimmera Mail Times

Jo Bourke, Executive Director Wimmera Development Association

Paigen Horwood, WHG Sexual & Reproductive Health Regional Strategy

RSVP by 29 October 2014 either by phone on 5322 4100 or email adminb@whg.org.au

If you need assistance with transport please let us know when you RSVP



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Please contact us if your details change or you no longer wish to receive information from Women's Health Grampians. If you would prefer to get information via email please let us know your email address. Ph: 1800 013 432 or email: adminb@whg.org.au

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