

# Tell Your Story

Experiences of Sexual and Reproductive Healthcare in the Grampians Regions.

## Online Survey Participant Information Sheet

### Project Team:

Stephanie Cooper Health Promotion Officer- Sexual and Reproductive Health, Women's Health Grampians.

Shannon Hill Sexual Health Advisor, Women's Health Grampians.

### Introduction:

Thank you for your interest in participating in this project. This information sheet has been made to give you more information about the survey so you can decide if you would like to take part. Please read this information carefully. You can ask questions if there is anything you are unsure about. Your participation in this survey is voluntary. If you don't want to take part, you don't have to. If you start participating, you can stop at any time. If you wish to take part in this project but are unable to complete the online survey due to disability or any other reason, please contact us so we can help you complete the survey in a different way that is easier for you.

### Project Summary:

This project aims to learn more about the experiences of people living in the Grampians region of Victoria when they need contraception or abortion. We want to know more about what happens when people can't get the care they need locally.

We are interested in knowing more about your personal experience of seeking and/or using abortion services or contraception services. We are interested in your ideas about what could be improved, and if you think that there are barriers that make it hard for people to get the healthcare they need.

In addition to the survey part of this project, there will also be individual interviews or small focus groups with people who are willing to discuss their experiences further.

### Why are we doing this project?

We know there are regional areas where there are not enough doctors or healthcare workers who are able to provide abortions or some types of contraception, compared to the amount of people who need those services.

We want to advocate for people living in regional areas to have more options for their healthcare to be delivered locally. Information from this survey will help us make sure we are focussing on the issues that local people feel are most important.

### Do I have to take part?

No, participation is completely voluntary. You will be able to stop and leave the survey at any time if you feel uncomfortable.

### What will I be asked to do?

If you agree to participate you will be asked to complete an online survey. There will be multi-choice questions. You will be asked some questions about yourself and how much you agree or disagree with statements about accessing services regarding abortion and contraception. If you agree, you will also be asked open ended questions about abortion and contraception where you can type your own answers. The survey will take 10-15 minutes to complete. Your answers will be confidential and anonymous.

If you wish to be contacted about the results of this survey you will be asked to provide your email address. You do not have to provide your email address if you don't want to.

### What are the possible benefits?

There will be no immediate direct benefit to you. Your participation will contribute to a better understanding about the issues people face accessing abortion and contraception in regional areas.

### What are the possible risks?

There are minimal risks to completing this survey. However, this survey is about potentially sensitive topics and experiences that may have been difficult for you. If you feel emotionally distressed, you can skip most questions if you don't want to answer them, or you can exit the survey at any time. Please note that once the survey has been completed the project team will be unable to remove your responses as they are not identifiable.

If you need further support you can contact the following organisations:

Beyond Blue: 1300 224 636

Lifeline: 13 11 14 or text 0477 131 114

1800 My Options: 1800 696 784

1800RESPECT: 1800 737 732

### Is there any compensation for completing this survey?

There is no financial payment for completing this survey. However, as an incentive to participate in this project, you could go into the draw to win one of three \$50 gift cards after completing this survey.

The winner of one \$50 gift card will be chosen randomly at midday on Thursday 31<sup>st</sup> of August 2023, Friday 29<sup>th</sup> of September 2023, and Tuesday 31<sup>st</sup> of October 2023. To be eligible to win a gift card you must have completed the survey before 11.59am on the day of the draw. Winners will be contacted using the contact details they provided to us.

### Will I hear about the results of this survey?

Yes, if you select the option at the end of the survey to let us know you would like to know about the results of this survey, we will email you a digital summary of the findings.

### How do you intend to publish or share the results?

We anticipate that the results of this survey will be published or presented in a variety of formats. In any publication or presentation, information will be provided in a way that ensures participants cannot be identified.

### What will happen to information about me?

You will never be personally identified in any of the results from this survey. Any personally identifiable information collected (e.g. your name, or your email address) will only be accessible to the team members named at the top of this information sheet, and only if you opt in and win the gift card draw, or opt in to be contacted about results/future Women's Health Grampian's newsletters.

All data will be stored securely on a Women's Health Grampians server. All identifiable data (e.g. names, email addresses) will be destroyed after the completion of this project, by the end of June 2024.

### Where can I get further information?

Please contact Stephanie Cooper should you wish to discuss this project further before deciding whether to participate.

Email: [stephanie@whg.org.au](mailto:stephanie@whg.org.au)

Phone: 5322 4105

Mobile: 0491 620 170

### Who can I contact if I have concerns about this survey?

If you have any concerns or complaints about this project, please contact Marianne Hendron, CEO at Women's Health Grampians, on 5322 4100. All complaints will be treated confidentially.