

Acknowledgement of Country

Women's Health Grampians acknowledges the Traditional Owners of the lands across the Grampians region: the Wadawurrung, Dja Dja Wurrung, Djab Wurrung, Wurundjeri, Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk People, and recognises their continuing connection to the land and waterways. In particular, we recognise the strength and courage of Aboriginal women and girls in our communities who bravely speak up against oppression and the impacts of colonisation and who generously share their wisdom on family, country and culture.



We're back with another edition, the Winter edition, of CoRE Onside! We will be highlighting some new resources developed specifically for sporting clubs, so take a look!

CoRE Sport Feature

Act@Play

Minyip Murtoa Football Netball Club (MMFNC) attended the Change Makers Dinner on the 22nd May, highlighting the club's work with Act@Play and the benefits of the program, which was well represented with members from their club. In completion of the program, MMFNC have successfully completed all deliverables as part of the Act@Play program. This included the baseline survey, Bystander training sessions, Gender Audit and lastly the development of the club's Action Plan, which has recently been endorsed by the club's board. We congratulate the MMFNC on their success with Act@Play, the positive change and commitment in driving gender equality in sport.

Horsham Amateur Basketball Association (HABA), are nearing completion of the program. Recently the association recruited new board and executive members. WHG will provide an introductory briefing to new staff, before commencing the remaining Bystander Training sessions, as HABA's final deliverable in the program. HABA Action Group members have developed their Action Plan and this will be endorsed by leadership over the coming weeks. We would like to congratulate HABA on their progress since commencing Act@Play, signing as a CoRE member and their commitment to continue this work long term.

CHANGE MAKERS DINNER

**Building Communities of Respect & Equality:
Leading Change in your Sporting Club or Association
to Prevent Violence Against Women**

On the 22nd of May, 120 people attended the Change Makers Dinner in Ararat. Which focussed on Building Communities of Respect and Equality: Leading Change in your sporting club and association to prevent violence against women. The event was attended by Local Government, State Government Sport and Recreation representatives, community organisations, sporting clubs, and local businesses. The event heard from speakers including Paul Kennedy ABC Journalist and Author, Belinda Duarte CEO of Culture is Life and Western Bulldogs Board member, Kim O'Reilly Victim Survivor Advocate and founder of Its Never OK, Scott Arnold President of the Minyip Murtoa Football Netball Club. Scott Arnold spoke at the dinner to share the work his Club have done with Act@Play. Scott outlined the steps the Club had undertaken with the Act@Play program and the benefits from joining. The evening concluded with questions, answered by the panellist speakers; Ange Ballinger Regional Manager Wimmera Mallee and Sunraysia, Scott Arnold and Kim O'Reilly.

Marianne Hendron, CEO Women's Health Grampians, said they were truly honoured by the extraordinary speakers.

"They shared their lived experience and passion with such vulnerability and courage."

"By the end of the night, there was a palpable sense throughout the room that this occasion would be a real catalyst for change. The feedback from the community has been that people left with a renewed determination to take meaningful action to prevent violence against women and promote gender equality in our region."



Resources and Events

EVENTS

Community of Practice (COP)

- Men as allies for gender equality

JOIN SPORT AND RECREATION VICTORIA FOR A COMMUNITY OF PRACTICE MEN AS ALLIES FOR GENDER EQUALITY IN SPORT



Image description: Person wearing a white football guernsey with Aboriginal patterns with arms crossed standing next to a person wearing a blue hat and black windcheater with arms crossed.

Men play an important role in making sport inclusive for people of all genders. Sport settings are also important for improving men and boys' mental health and wellbeing, and supporting healthier masculinities. Join this interactive session to learn more about how men can be allies and leaders for gender equality in sport, co-create safer sporting communities for people of all genders, and meet others working to do the same.

DATE: Friday 23 June 2023
TIME: 9:00am - 4:30pm
LOCATION: The AFL Members Dining Room, MOG
PRICE: \$50 plus GST & booking fee

HEAR FROM:
• Ben Brown, AFLM player
• Football Victoria
• The Men's Project
• Rana Hussain, Champions of Change
• Our Watch
• Proud2Play
• Local organisations sharing their work - world cafe style

Register for this event [here](#). Registrations close Friday 16 June 2023. This is an in-person event only. Contact: Sarah.Wheaton@sport.vic.gov.au



RESOURCES

Bystander Posters

Ask and you shall receive! Sporting clubs love a good poster that can convey a strong message, so we created some as per their request. Preventing violence against women begins with respect and to help 'stop it at the start' (i.e. disrespect) here are some useful posters that can help those in the club call out disrespect and discrimination. Fittingly, these posters have been designed to use sport specific language related to your code (i.e. for our cricket clubs language such as 'don't let it go through to the keeper') to make it easier to speak out in language that is relatable. Place these posters anywhere in the clubhouse – the change rooms, backs of toilet doors - wherever you think they will be viewed the most and reinforce a zero tolerance for inappropriate comments and behaviours. These posters are available now, if you would like them please reach out to your local WHG Regional Consultant.



Family Violence Posters

Additional to the Bystander Posters for sporting clubs, we have also created Family Violence Posters ('we stand against family violence') to be displayed anywhere in the clubhouse. These are tailored to several sporting codes; these posters are available now. If you would like a copy please reach out to your local WHG Consultant.



Taking Action Guide

Taking Action Guide (TAG) Is a sport- specific guide for members of the Communities of Respect & Equality (CoRE) Alliance. As a CoRE member you have already demonstrated a meaningful commitment to the prevention of violence against women. This guide will support sporting clubs in making our communities safe and inclusive. TAG provides eight essential areas for action, offering examples and practical solutions to promote gender equality so we can stop violence before it starts. TAG is available now.



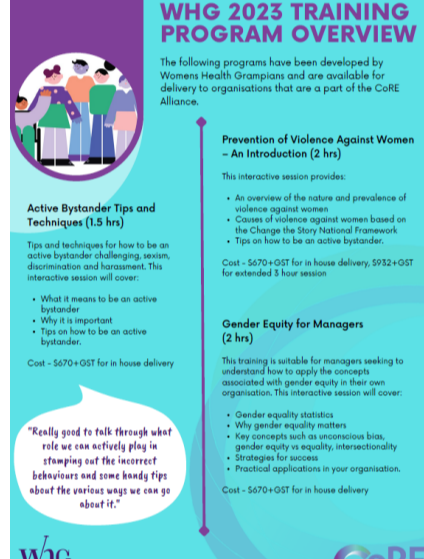
CoRE Friends Network

The CoRE Friends Network is a quarterly bulletin sent out by WHG to inspire individuals within CoRE organisations to take action to prevention violence against women. If people in your club want to learn more on the issue of PVAW and how to contribute to social change, send them the link to be added to the distribution list.

[Sign up here](#)

Training Opportunities

In very exciting news, WHG is pleased to announce that we will be offering free bystander training to any CoRE club who is interested. We respect and appreciate that clubs are under-resourced in many ways, financially or with volunteers, we want to remove some of the barriers that prevent clubs from progressing with the Gender Equality Action Plans. Bystander training is one of the most popular activities CoRE members uptake to demonstrate their CoRE Commitments and change culture. For more information and support with your training needs, please reach out to your local WHG Regional Consultant.



Coming Soon

Responding to Disclosures of Family Violence

While CoRE focuses on prevention of violence against women, the conversation can lead to disclosure of family violence. It is a significant decision for people to disclose their experiences of family violence and therefore it is important to get the response right. Many clubs feel ill-equipped to handle response situations and WHG has pulled together basic guidance on how a club can tangibly manage response situations that arise in your club, respecting the unique nature of a sport-specific context.

Making Headlines

Regional sporting clubs and associations gather in Ararat to prevent violence against women:

<https://www.araratadvertiser.com.au/story/8218237/regional-sporting-clubs-and-associations-rally-to-prevent-violence-against-women/>

Sport Grants: Getting more women and girls in the game

<https://www.regionalsportvictoria.org.au/sport-grants-getting-more-women-and-girls-in-the-game/>

<https://www.abc.net.au/news/2023-06-03/umpire-abuse-deterring-match-officials/102414214>

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