### Acknowledgement of Country

Women's Health Grampians acknowledges the Traditional Owners of the lands across the Grampians region: the Wadawurrung, Dja Dja Wurrung, Djab Wurrung, Wurundjeri, Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk People, and recognises their continuing connection to the land and waterways. In particular, we recognise the strength and courage of Aboriginal women and girls in our communities who bravely speak up against oppression and the impacts of colonisation and who generously share their wisdom on family, country and culture.

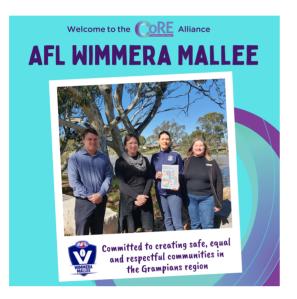


We're back with another edition, the Spring edition, of CoRE Onside! We will be highlighting some industry news, upcoming events and opportunities relevant to sporting clubs, so take a look!

# **CoRE Update**

What a month it has been for women in sport! If you weren't a Matilda's fan, you probably are now! The FIFA Women's World Cup captured the hearts and imagination of the nation, whilst further shining a spotlight on gender equality in sport and the strides we still have to make. This has been solidified by the Federal Governments recent announcement of \$200 million for the Play our Way program which will improve sporting facilities and equipment specifically for women and girls. It is a great time to be involved with programs that promote gender equality in sport, including CoRE and Act@Play - so here is a little update from WHG.

Off the back of the Leading Change event and its success, WHG would like to welcome AFL Wimmera Mallee to the CoRE team. This high-profile organisation has a big platform to bring about positive change in the community and we look forward to working with you.



#### IMAGE:

AFL Wimmera Regional Manager, Angela Ballinger, announcing the organisation's CoRE Commitment with representatives from the CoRE Leadership Group.

# **Upcoming Opportunities**

#### **EVENTS**



#### Wednesday 6 September, 2023

**Speed Networking** Initiative

10-11.30am Online via Zoom

NOTE: All people interested in gender equality in sport is welcome - no matter your skill level or experience.

**Speed Networking Initiative** 

This online event aims to increase your gender equality network and connect you directly to people driving and supporting the work in sport. In this session you will learn about partnership in action and how key cross-sector stakeholders can work together to support and enhance gender equality across all levels of sport. Come along and get a sense of the breadth of work being done right across the state and connect with like-minded people working towards a common goal of preventing violence against women through the power of sport.

Register here

#### RESOURCES

The Value of You Can Be What You See The Office for Women in Sport and Recreation (OWSR) have produced an insightful research report, You Can Be What You Can See which unpacks and addresses the sponsorship gap for women's elite sport, and highlights the major opportunity for corporate sponsors to capitalise on the underinvestment in women's sport. Well worth a read.



#### **Bystander Training (WHG)**

A Reminder for CoRE Clubs that you can now access FREE Bystander Training through WHG. We appreciate that community clubs are often under resourced and hopefully some of the barriers to having training have been removed. A key feature of many CoRE Clubs Gender Equality Action Plans is the uptake and delivery of bystander training, to help spark a culture of calling out sexist and disrespectful behaviours if they arise. WHG have now designed sport specific training sessions to suit the dynamics of a club. Reach out to your local Regional Consultant to discuss what's possible!



Active Bystander Tips and Techniques (1.5 hrs) nd techniques for how to bystander challenging

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#### WHG 2023 TRAINING **PROGRAM OVERVIEW**

owing programs have been developed by is Health Grampians and are available for v to organisations that are a part of the C

Prevention of Violence Against Women - An Introduction (2 hrs)

- An overview of the nature and prevalence of violence against women
  Causes of violence against women based on the Change the Story National Framework
  Tips on how to be an active bystander.

Cost - S670+GST for in house delivery, S932+GST for extended 3 hour session

der Equity for Managers (2 hrs)

ning is suitable for managers seeki and how to apply the concepts ed with gender equity in their own ition. This interactive session will co

- ander equality statistics hy gender equality matters ny concepts such as unconscio-under equity vs equality, interse rategies for success
- ns in your orgo Cost - S670+GST for in house delivery

IMAGE: Senior Players from MMFNC participating in bystander conversations training.



"Really good to talk through what role we can actively play in stamping out the incorrect behaviours and some handy tips about the various ways we can go about it."

WIG



#### Bystander Posters (WHG)

To help sustain the confidence that emerges from participants after a bystander training session, WHG also has bystander posters that you can place up around the clubhouse to help reinforce key messages around bystander action. These posters are tailored to your specific sporting code, whether that be football, soccer, cricket or basketball and uses language that will carry the message to your members.

If you don't already have these posters and would like a copy or version created please contact your Regional Consultant.



### **Making Headlines**

#### Securing a Sporting Legacy for Women and Girls

https://www.health.gov.au/ministers/the-hon-anika-wells-mp/media/securing-asporting-legacy-for-women-and-girls?language=en\_

## Why isn't the brain injury crisis in our homes causing as much concern as concussion in sport?

https://www.regionalsportvictoria.org.au/sport-grants-getting-more-women-andgirls-in-the-game/

Major sporting events are rarely accessible for disabled fans. This Women's World Cup, FIFA is trying to reverse that trend

https://www.abc.net.au/news/2023-06-03/umpire-abuse-deterring-matchofficials/102414214

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