

Movement-Based Bystander Training for Players

WHG presents a unique opportunity for sporting clubs to receive a FREE bystander training session delivered by former elite rugby league player and Captain of Canberra Raiders, Dally M Medallist and 2017 ACT Australian of the Year - Alan Tongue.

These face-to-face workshops include a high-performance field session (45 minutes) and an interactive education session (45 minutes). The training will:

- Increase participants awareness and understanding of the serious issue of gender-based violence the different forms it takes, the consequences and why it occurs.
- Practical advice on how each and every one of us can contribute to preventing it.

Successfully delivered to the rugby community as part of the NRL's <u>Voice Against</u> <u>Violence</u> program – these workshops are now available to **all sports, all codes, all clubs who are CoRE members** and want to make a difference in their communities.

When & Where

Date: late-March 2024

Time: Weeknight training session

Location: At your club

Cost: FREE

How to Register

Hurry! **spaces are limited** and booked on a first come first served basis. To express interest and secure your spot, contact:

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